



Staff Wellbeing Champion

Course Information

Date: 15th November 2022

Venue: Online (Zoom)

Time: 09:15-11:45

Cost: £60

Course Leader: Sarah Huggins

Course Overview

Staff wellbeing is increasingly recognised as a key factor in running a successful school and in retaining highly skilled and valued staff. It can however be a complex area to address and needs a consistent approach within the school. This course will support a member of staff to be a 'Staff Wellbeing Champion'. The role is flexible within each setting but in essence the champion will be a first point of contact for wellbeing and will lead initiatives to ensure an ongoing focus on this important topic.

During the session we will consider what is already happening in school including ways to identify issues. We will then look at practical ideas which can be implemented to help address the issues. The wellbeing needs of the 'champion' will also be considered including clearly defining what the role is and isn't in school.

Course Objectives:

- to understand some factors which contribute to staff wellbeing
- to identify some issues within your school
- to explore a range of practical ideas to implement in school
- to develop an action plan to address staff wellbeing

Bookings can be made by contacting www.teachcr.com or enquiries@teachcr.com