



Developing the Role of the Staff Wellbeing Champion

Course Information

Date: 9th October 2024

Venue: Online (Zoom)

Time: 09:15-11:45

Cost: £60 per delegate

Course Leader: Sarah Huggins

Course Overview

Staff wellbeing is increasingly recognised as a key factor in running a successful school and in retaining highly skilled and valued staff. It can, however, be a complex area to address and needs a consistent approach within the school.

This online course will support a member of staff to be a 'Staff Wellbeing Champion'. The role is flexible within each setting but, in essence, the champion will be a first point of contact for wellbeing and will lead initiatives to ensure an ongoing focus on this important topic.

During the session, we will consider what is already happening in school including ways to identify issues. We will then look at practical ideas which can be implemented to boost staff wellbeing. The wellbeing needs of the 'champion' will also be considered including clearly defining what the role is and isn't within school.

Course Content:

- The role of the staff wellbeing champion (intent, implementation and impact)
- Factors which contribute to staff wellbeing
- Whose responsibility is wellbeing in the workplace?
- Wellbeing needs of different groups within school
- Using surveys to measure wellbeing
- Setting up a focus group
- Exploring a range of practical ideas to implement in school

Bookings can be made by contacting www.teachcr.com/pshe or enquiries@teachcr.com